

## Daily learning from home timetable – Reception

Time	Learning	
9.00 – 9.30	Reading	Your child has home reading books in their book bag which they bring home every week. <b>Read one book at a time until you finish it, before starting another one.</b> Children should read aloud to an adult or can read by themselves if an adult cannot listen at this time.
9.30 – 10.00	Physical activity	<a href="#">Go to the PE Hub</a> Follow the fitness session instructions. You will find more sessions to take part in by clicking on 'Fitness' at the top of the page.
10.00 – 11.00	Phonics	<a href="#">Click here</a> to learn and practise phonics. Choose the activity at 'Phase 2' for single letter sounds, then complete the activity at 'Phase 3' to include digraphs (two letters making one sound) Parents – <a href="#">watch this video</a> to help you understand phonics.
11.00 – 11.25	Break time	Use this time to have a drink of water, a healthy snack and go to the toilet. Have a walk around at home so that you have a break from sitting down. If you are able to have some fresh air by going outside then do.
11.30 – 12.30	Maths	<a href="#">Click here</a> for Bud's Number Garden - join Bud the bee, explore his magical garden and practise recognising numbers, counting, sequencing and much more! <a href="#">Click here</a> to choose from a range of problem solving activities and games by Nrich.
12.30 – 1.00	Lunch break	Use this time to eat lunch and go to the toilet. Have a walk around at home so that you have a break from sitting down. If you are able to have some fresh air by going outside then do.
1.00 – 1.20	Maths	Sing along and learn with <a href="#">Numberblocks</a>
1.30 – 2.30	Understanding the world	<a href="#">Click here</a> to choose from a range of full lessons on understanding the world around us now and in the past, from Oak National Academy.
2.30 – 3.00	Reading	Your child has home reading books in their book bag which they bring home every week. <b>Read one book at a time until you finish it, before starting another one.</b> Children should read aloud to an adult or can read by themselves if an adult cannot listen at this time.