

## What have we been learning?

WB: 22.09.25

This week we have been exploring all of our senses through a variety of fun activities! We'll be listening, looking, touching, smelling, and even tasting as we discover the world around us in new ways. The adults have been recording our observations so we can share and celebrate everything we notice and experience.

- For **touch**, we used feely pads – feeling them with our hands and even walking on them in our socks – as well as exploring a sensory cereal farm.
- For **hearing**, we listened carefully to mystery items hidden in a box and enjoyed identifying environmental sounds through videos. You can listen along at home using this link: [Environmental Sounds Video](#).
- For **taste**, we made a colourful fruit salad and described the flavours of sweet, exotic, and even bitter fruits.
- For **smell**, the children played with sensory autumnal playdough packed with delicious scents of mint, thyme, cinnamon, and cloves.
- For **sight**, we took time to observe the world around us and drew the wonderful things we could see.



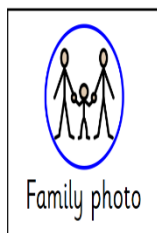
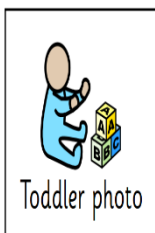
We kindly ask that you please provide a **baby photo**, a **toddler photo**, and a **recent family photo** of your child.

Photos can be:

- **Printed** and handed to Mrs Munnelly
- **Emailed** to:  
[admin@stpatricks.camden.sch.uk](mailto:admin@stpatricks.camden.sch.uk)

Please ensure these are sent in **by Tuesday, 30th September 2025**.

Thank you for your support!



Weekly nursery rhymes

**Reception:** Jack and Jill

<https://www.bbc.co.uk/teach/school-radio/articles/z4t3sk7>

Jack and Jill

School Radio - KS1 - Nursery Rhymes and Songs - A-Z - Jack and Jill



**Nursery:** Head, shoulders, knees and toes

<https://www.bbc.co.uk/teach/school-radio/articles/zd9f6v4>

Head, shoulders, knees and toes

School Radio - Reception - KS1 - Nursery Rhymes and Songs - A-Z - 2



## Healthy Heart Day

We had a fantastic time celebrating **Healthy Heart Day**! We kickstarted the morning with a lively *Wake Up, Shake Up* to get our blood pumping and bodies moving. Together, we talked about the importance of eating a balanced diet, staying active, drinking plenty of water, and recognising our emotions—remembering that we are whole people with many feelings, and that staff are always here to support us through our Zones of Regulation.

Throughout the day, we enjoyed a healthy breakfast, a Zumba session, stayed hydrated, and took part in a variety of fun activities including bowling, races, obstacle courses, bikes and scooters, beanbag throwing, and more. We even decorated our own heart-shaped medals to take home as a special reminder of the day.

Most importantly, we learned how moving our bodies can be fun while helping us keep our hearts happy and healthy! ❤️

