

Wednesday
3rd June 2026

Good News for Families TOGETHER TIME

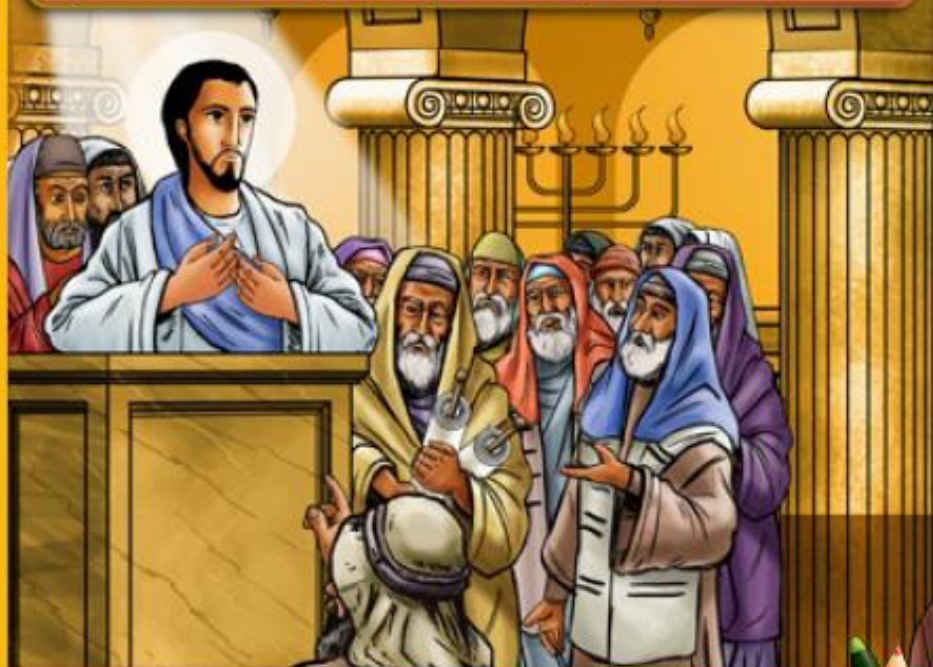
1 Enjoy reading this Sunday's Gospel

Jesus said, "I am the living bread which has come down from heaven. Those who eat this bread will live forever. Now the bread which I will give is my flesh, and I will give my flesh for the life of the world. Those who eat the bread which is my flesh have eternal life now, and I will raise them up on the last day. My flesh is true food; my blood is true drink. Those who eat my flesh and drink my blood live in me and I live in them. So my flesh is the bread which comes down from heaven. It is not like the bread which our ancestors once ate in the desert - they died, but those who eat this bread will live forever."



Taken from the Gospel of Sunday 7th June 2026, John 6:51-58 (The Feast of Corpus Christi, Year A)

Which words stood out for you in this Gospel, and why? What does the picture make you think about? Now enjoy exploring this Wednesday's word, which is **NOURISH**.



To colour the picture for this Sunday's Gospel, please see the back page.

2

Wednesday's Word

NOURISH



"Prayer nourishes the friendship of the soul with God."

St Teresa of Ávila

What did Jesus call himself? To nourish means to feed and help grow. In this Sunday's Gospel, Jesus is offering to nourish us. Jesus continues to nourish us through the Church today. He offers us eternal life through the gift of himself which we receive in Holy Communion. Ask your child what the word 'nourish' means to them. Then, each of you talk about something, other than food, that nourishes you and helps you grow. Perhaps it is: a special friendship, being praised, praying, your faith, the love and care you receive, a hobby or sport, the Church and the sacraments. Who gives you these things?

"Jesus is the Bread of Life for our families. Let us be united to Jesus, nourished by daily prayer, by listening to the Word of God"

Pope Francis (Pope from 2013-2025)

With Jesus' love we will always be nourished. Just as we eat bread to nourish our bodies, Jesus (in Holy Communion) nourishes our souls - to help us to keep growing in goodness and love. Who else should we remember to thank for nourishing us? Perhaps parents, carers, teachers, priests, grandparents or friends. Which people can we nourish in this coming week and how can we nourish them? Perhaps we can: encourage someone; give hugs to parents or carers; give something to a food bank; help and offer hope to others.

3

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread...



**WEDNESDAY
WORDSEARCH**

SMARTSEARCHERS FIND THESE EIGHT
WORDS EITHER **ACROSS** OR **DOWN**

**JESUS
CHRIST**

**LIVING
BREAD**

**FROM
HEAVEN**

**LIVE
FOREVER**

SUPERSEARCHERS FIND THE WORDS
BACKWARDS OR **DIAGONALLY**

P	D	E	E	V	I	L	O	L	O	N	S
E	A	S	T	D	L	I	V	I	N	G	T
S	E	S	L	I	V	N	E	V	A	E	H
P	R	T	V	F	Z	R	V	E	C	L	G
O	B	I	B	R	T	S	I	R	H	C	O
C	N	N	F	O	R	E	V	E	R	G	S
G	L	T	M	M	B	E	T	B	I	U	U
M	A	B	O	S	F	I	V	E	S	S	S
S	B	R	R	O	C	N	N	E	T	P	E
C	F	E	E	T	P	G	J	L	R	C	H
H	E	A	V	E	N	T	N	P	T	O	T
O	S	D	E	B	J	E	S	U	S	G	F

Cross out
the letters
C S U
in the 4 jumbled
words to find
4 real words.

cugisve swocruld bruesacd slicfue

Jesus said, "The _____ I give is my _____,
which I _____ to be the life of the _____."

**Jesus wants to nourish
and strengthen us.**

He wants us to be closer to him and closer
to each other - he is the Bread of Life.

Write a promise and then draw a big smile on Smiley

This week I will try my best to...

